



# ACOUSTICNEUROMA ASSOCIATION

## News and Announcements – December 2024

### Member Webinar

Monday, December 9th, 1 pm ET

*Treatment Algorithms for Newly Diagnosed ANs*

Presented by James Chandler, MD, Northwestern Medicine

Log in to the [ANA member](#) section to register.

### [Update Your Information!](#)

Please take a moment to ensure we have your most up-to-date information, so you'll have access to critical resources.

### Quarterly Newsletter, *NOTES* – December 2024

- Medical Report, *Recurrence or Progression of VS*, By Franco DeMonte, M.D., F.R.C.S.(C), F.A.C.S.; Sophie Peeters, M.D.; Paul W. Gidley, M.D., MD Anderson
- Medical Report, *Acoustic Neuroma: When to Observe and When to Intervene*, By Zachary Schwam, M.D. and George Wanna, M.D., Mount Sinai
- Patient Stories – *My CyberKnife Story*, by Laura Fay and *Walking – and Dancing – Strong Again*, by Annie Lee Siswojo
- Patient Education Events – *It's Worth a Saturday*, By Jim Shea, ANA CEO
- Ask the Doc – *How Can Patients Deal with AN-Related Anxiety?* Megan Sherod, Ph.D.
- Upcoming Patient Education Events in 2025

### Patient Information Booklets

*Improving Balance Associated with Acoustic Neuroma*

*Eye Care After Acoustic Neuroma Surgery*

*Facial Nerve and Acoustic Neuroma: Possible Damage and Rehabilitation*

*Headache Associated with acoustic Neuroma Treatment*

*Hearing Loss Rehabilitation for Acoustic Neuroma Patients*

*Improving Balance Associated with Acoustic Neuroma*

*Newly Diagnosed Handbook*

*Understanding Emotional, Cognitive and Behavioral Changes*

Booklets are free to ANA members. You can view the electronic version in the [Member Section](#) of the ANA website or [contact us](#) to request the print version. If you are not an ANA member, [join today](#) or [order](#) booklets online for a small fee.

### [Storytelling Toolkit](#)

Everyone affected by acoustic neuroma has a unique story to tell, including patients, spouses, and caregivers. It can also include children of those diagnosed with AN, best friends, siblings. There are many different perspectives and insights. All are connected to an acoustic neuroma experience, and all are valuable. [Contact us](#) to request our Storytelling Toolkit and share your story today!

### [Employment Considerations Reference Guide](#)

The ANA's employment reference guide was compiled from patients, volunteers, and caregivers. Each AN journey is unique, and employment situations can certainly be distinctive. We encourage you to use this resource as a starting point as you consider your situation, as well as questions, and options. This is not meant to be comprehensive, nor should it be considered legal advice. Please reach out to us with comments/suggestions at [info@anusa.org](mailto:info@anusa.org).

## Resources for Young Adults with Acoustic Neuroma

- [Young Adult Facebook Group](https://www.facebook.com/groups/ANAYoungAdults) - This is a closed group moderated by ANA Staff and Volunteers. <https://www.facebook.com/groups/ANAYoungAdults>
- [Young Adult Online Support Group](#) - The group meets quarterly via Zoom and is moderated by ANA volunteers. For more information, contact: Emily Truell, Peer Mentor, [anayoungadults@gmail.com](mailto:anayoungadults@gmail.com)
- [Peer Mentor Program](#)  
Peer Mentors are volunteers who are acoustic neuroma patients and caregivers that are willing to talk about their acoustic neuroma experience. They provide information, encouragement, and support to other acoustic neuroma patients via phone, email and video chat. Information about peer mentors is provided in our free patient kit or [contact us](#) to request a peer match today.

## [Support Groups](#)

The ANA offers a variety of support groups so that you can find what is best for you and your situation, including:

- Geographic support groups across the U.S.
- Specialty support groups
- Co-sponsored support group with a medical partner

All Support Group meetings are free and open to anyone affected by acoustic neuroma; we look forward to welcoming you at a meeting soon. When you are ready, we are here. Visit the [ANA website](#) for more information and to find a group.

## ANA Website Resources

- [ANA Store](#) – Shop for ANA branded merchandise and help support ANA programs.
- [AN Research](#) – Learn more and participate in AN studies.
- [Community](#) – Features include patient stories, fundraising ideas, and volunteer opportunities.
- [Events](#) – View upcoming events and register for a meeting today.
- [Get Involved](#) – Explore volunteer opportunities, increase awareness, and raise funds for the ANA.
- [Healthcare Provider Listing](#) – A starting place to locate healthcare providers.
- [Member Portal](#) – Find information booklets, newsletters, educational webinars, and a searchable peer mentor database.
- [News and Announcements](#) - stay up-to-date on news, events, and other items of interest.
- Social Media - stay connected on [Facebook](#), [YouTube](#), [Instagram](#) and [LinkedIn](#).
- [Video Library](#) – Browse webinars, Facebook Live events, and support group meetings.

## [Team ANA - Fundraise for the ANA!](#)

- Increase awareness of acoustic neuroma while raising funds for the ANA.
- Create your own fundraisers through Facebook, Walk4Hearing, or any individual fundraiser held locally.
- Contact Matthew Balte at [matthewbalte@anusa.org](mailto:matthewbalte@anusa.org) if you are interested in raising funds for the ANA!

## [ANA Legacy Society](#)

Philanthropic support is critically important to fulfilling the mission of the ANA. Our Legacy Society represents unique, exceptionally generous contributors who have included the ANA in their estate plans. This forward-looking philanthropy will have a remarkable impact on the future of the ANA. We are so very grateful for the commitments made by our Legacy Society members.

- To begin the conversation, please contact Matthew Balte at [matthewbalte@anusa.org](mailto:matthewbalte@anusa.org).
- You will also want to seek the advice of an attorney who specializes in estate planning.

*In no case does ANA endorse any commercial product, physician, surgeon, medical procedure, medical institution, or its staff.*

Acoustic Neuroma Association | 2555 Northwinds Parkway, Alpharetta, GA 30009 | 678.968.4705 | [www.ANAUSA.org](http://www.ANAUSA.org)