ACOUSTICNEUROMA ASSOCIATION

News and Announcements – April 2025

Public Webinar
April 7, 2025
3 p.m. ET
New Insights into Vestibular Schwannoma: From Biology to Balance
Presented by Washington University, St. Louis

Membership May
May is Brain Tumor Awareness Month, and the ANA will be providing an opportunity for everyone to experience a handful of the benefits usually reserved for members. Throughout the month, we'll make available a selection of member webinars as well as medical articles from our member newsletter, *Notes*.

ANAwareness Week 2025
June 8 – 14, 2025
Presenting Sponsor: *Akouos*

Join the ANA Community – Become a Member Today!
Thousands of acoustic neuroma patients and caregivers understand the value of membership in the ANA. In return, we value our members by providing up-to-the-minute content, in-person support and educational programs, and access to our quality volunteers.

Update Your Information!
Please take a moment to ensure we have your most up-to-date information, so you'll have access to critical resources.

Quarterly Newsletter, *NOTES* – March 2025

- Medical Report, *Radiation Therapy for AN*, By Raymond F. Sekula, Jr., MD, MBA, and Tony J.C. Wang, MD, FASTRO, Columbia University
- Medical Report, *Gene Therapy: A Potential Treatment Option for VS,* By Michael J. McKenna, MD & Kathleen Reape, MD, Akouos, Inc.
- 2024 Support Group Highlights and Volunteer Spotlights
- Research: UCSD Research Grant Update and OSU Seeking Participants for Online Surveys
- 2025 Events

ANA Publications

The following publications are free to ANA members. View the digital version in the Member Section of the ANA website or contact us to request a print version. If you are not an ANA member, join today or order booklets online for a small fee.

Eye Care After Acoustic Neuroma Surgery
Facial Nerve and Acoustic Neuroma: Possible Damage and Rehabilitation
Headache Associated with acoustic Neuroma Treatment
Hearing Loss Rehabilitation for Acoustic Neuroma Patients
Improving Balance Associated with Acoustic Neuroma
Newly Diagnosed Handbook
Understanding Emotional, Cognitive and Behavioral Changes

Share your Story

Everyone affected by acoustic neuroma has a unique story to tell, including patients, spouses, and caregivers. It can also include children of those diagnosed with AN, best friends, siblings. There are many different perspectives and insights. All are connected to an acoustic neuroma experience, and all are valuable. Contact us to request our Storytelling Toolkit and share your story today!

Employment Considerations Reference Guide

The ANA's employment reference guide was compiled from patients, volunteers, and caregivers. Each journey is unique, and employment situations can certainly be distinctive. We encourage you to use this resource as a starting point as you consider your situation, as well as questions, and options. This is not meant to be comprehensive, nor should it be considered legal advice. Please contact us with comments/suggestions.

AN Research

The ANA posts information about acoustic neuroma medical studies and trials which may be of interest to patients and caregivers. Visit the ANA website for more information about online and in-person research opportunities.

Resources for Young Adults with Acoustic Neuroma

- **Young Adult Facebook Group** - This is a closed group moderated by ANA Staff and Volunteers. https://www.facebook.com/groups/ANAYoungAdults
- Young Adult Online Support Group - The group meets quarterly via Zoom and is moderated by ANA volunteers. For more information, contact: Emily Truell, Peer Mentor, anayoungadults@gmail.com

Peer Mentor Program

Peer Mentors are volunteers who are acoustic neuroma patients and caregivers that are willing to talk about their acoustic neuroma experience. They provide information, encouragement, and support to other acoustic neuroma patients via phone, email and video chat. Information about peer mentors is provided in our free patient kit or contact us to request a peer match today.

Support Groups

The ANA offers a variety of support groups so that you can find what is best for you and your situation, including:

- Geographic support groups across the U.S.
- Specialty support groups
- Co-sponsored support group with a medical partner

All Support Group meetings are free and open to anyone affected by acoustic neuroma; we look forward to welcoming you at a meeting soon. When you are ready, we are here. View upcoming meetings here.

ANA Website

- **ANA Store** – Shop for ANA branded merchandise and help support ANA programs.
- **Community** – Features include patient stories, fundraising ideas, and volunteer opportunities.
- **Events** – View upcoming events and register for a meeting today.
- **Get Involved** – Explore volunteer opportunities, increase awareness, and raise funds for the ANA.
- **Healthcare Provider Listing** – A starting place to locate healthcare providers.
- **Member Portal** – Find information booklets, newsletters, educational webinars, and a searchable peer mentor database.
- **News and Announcements** - stay up-to-date on news, events, and other items of interest.
- Social Media - stay connected on Facebook, YouTube, Instagram and LinkedIn.
- **Video Library** – Browse webinars, Facebook Live events, and support group meetings.

Team ANA - Fundraise for the ANA!

- Increase awareness of acoustic neuroma while raising funds for the ANA.
- Create your own fundraisers through Facebook, Walk4Hearing, or any individual fundraiser held locally.
- Contact Matthew Balte at matthewbalte@anausa.org if you are interested in raising funds for the ANA!

ANA Legacy Society

Philanthropic support is critically important to fulfilling the mission of the ANA. Our Legacy Society represents unique, exceptionally generous contributors who have included the ANA in their estate plans. This forward-looking philanthropy will have a remarkable impact on the future of the ANA. We are very grateful for the commitments made by our Legacy Society members.

- To begin the conversation, please contact Matthew Balte at matthewbalte@anausa.org.
- You will also want to seek the advice of an attorney who specializes in estate planning.

In no case does ANA endorse any commercial product, physician, surgeon, medical procedure, medical institution, or its staff.