



## ACOUSTICNEUROMA ASSOCIATION

### News and Announcements – January 2026

#### **UPCOMING PATIENT EDUCATION EVENTS**

**Saturday, January 24, 2026 - virtual**

Hosted by The Ohio State University Wexner Medical Center

[More information](#)

**Saturday, March 7, 2026 – in person**

Hosted by Mayo Clinic

Jacksonville, FL

[Information and registration](#)

#### **Join the ANA Community – Become a Member Today!**

Thousands of acoustic neuroma patients and caregivers understand the value of membership in the ANA. In return, we value our members by providing up-to-the-minute content, in-person support and educational programs, and access to our quality volunteers.

#### **Update Your Information!**

Please take a moment to ensure we have your most up-to-date information, so you'll have access to critical resources.

#### **Quarterly Newsletter, NOTES – December 2025**

- Medical Report, *Treating Dizziness and Restoring Balance After Acoustic Neuroma Surgery*, By Robert J. Macielak, M.D., and Desi Schoo, M.D., The Ohio State University Wexner Medical Center Department of Otolaryngology-Head and Neck Surgery
- Medical Report and Research, *From Disease Mechanisms to Clinical Studies*, By Konstantina M. Stankovic, M.D., Ph.D., F.A.C.S., Stanford University School of Medicine
- Patient Story - Nikita Pandya
- Medical Advisory Board Profile - Rinki Goswami, M.D., MSc
- 2026 Upcoming Events
- Northwestern Patient Education Event Recap
- Medical Advisory Board Co-Chair Message
- Thank You Message to the AN Community

#### **ANA Publications**

The following publications are free to ANA members in the [Member Section](#) of the ANA website.

To request a print version, [contact us](#). Not a member? [Join today](#) or [order](#) booklets for a small fee.

*Eye Care After Acoustic Neuroma Surgery*

*Facial Nerve and Acoustic Neuroma: Possible Damage and Rehabilitation*

*Headache Associated with Acoustic Neuroma Treatment*

*Hearing Loss Rehabilitation for Acoustic Neuroma Patients*

*Improving Balance Associated with Acoustic Neuroma*

*Newly Diagnosed Handbook*

*Understanding Emotional, Cognitive, and Behavioral Changes*

#### **Share your Story**

Everyone affected by acoustic neuroma has a unique story to tell, including patients, spouses, and caregivers. It can also include children of those diagnosed with AN, best friends, and siblings. There are many different perspectives and insights. All are connected to an acoustic neuroma experience, and all are valuable.

Use our [online form](#) to submit your story. If you need ideas or help getting started, [contact us](#) to request our Storytelling Toolkit.

## **Employment Considerations Reference Guide**

The ANA's employment reference guide was compiled from patients, volunteers, and caregivers. Each journey is unique, and employment situations can certainly be distinctive. We encourage you to use this resource as a starting point as you consider your situation, as well as questions and options. This is not meant to be comprehensive, nor should it be considered legal advice.

### **AN Research**

Visit the ANA website for information about acoustic neuroma online and in-person research opportunities.

### **Resources for Young Adults with Acoustic Neuroma**

- [\*\*Young Adult Facebook Group\*\*](https://www.facebook.com/groups/ANAYoungAdults) - This is a closed group moderated by ANA Staff and Volunteers.  
<https://www.facebook.com/groups/ANAYoungAdults>
- [\*\*Young Adult Online Support Group\*\*](mailto:anayoungadults@gmail.com) - The group meets quarterly via Zoom and is moderated by ANA volunteers.  
Contact: Emily Truell, Support Group Leader, [anayoungadults@gmail.com](mailto:anayoungadults@gmail.com)

### **Peer Mentor Program**

Peer Mentors are volunteers who are acoustic neuroma patients and caregivers who are willing to talk about their acoustic neuroma experience. They provide information, encouragement, and support to other acoustic neuroma patients via phone, email, and video chat. Information about peer mentors is provided in our free patient kit or [contact us](#) to request a peer match today.

### **Support Groups**

The ANA offers a variety of support groups so that you can find what is best for you and your situation, including:

- Geographic support groups across the U.S.
- Specialty support groups
- Co-sponsored support groups with a medical partner

All Support Group meetings are free and open to anyone affected by acoustic neuroma; we look forward to welcoming you at a meeting soon. When you are ready, we are here. View upcoming meetings [here](#).

### **ANA Website**

- [\*\*ANA Store\*\*](#) – Shop for ANA-branded merchandise and help support ANA programs.
- [\*\*Community\*\*](#) – Features include patient stories, fundraising ideas, and volunteer opportunities.
- [\*\*Events\*\*](#) – View upcoming events and register for a meeting today.
- [\*\*Get Involved\*\*](#) – Explore volunteer opportunities, increase awareness, and raise funds for the ANA.
- [\*\*Healthcare Provider Listing\*\*](#) – A starting place to locate healthcare providers.
- [\*\*Member Portal\*\*](#) – Find information booklets, newsletters, educational webinars, and a searchable peer mentor database.
- [\*\*News and Announcements\*\*](#) – stay up-to-date on news, events, and other items of interest.
- Social Media - stay connected on [Facebook](#), [YouTube](#), [Instagram](#) and [LinkedIn](#).
- [\*\*Video Library\*\*](#) – Browse webinars, Facebook Live events, and support group meetings.

### **Team ANA - Fundraise for the ANA!**

- Increase awareness of acoustic neuroma while raising funds for the ANA.
- Create your own fundraisers through Facebook, Walk4Hearing, or any individual fundraiser held locally.
- Contact Matthew Balte at [matthewbalte@anausa.org](mailto:matthewbalte@anausa.org) if you are interested in raising funds for the ANA!

### **ANA Legacy Society**

Philanthropic support is critically important to fulfilling the mission of the ANA. Our Legacy Society represents unique, exceptionally generous contributors who have included the ANA in their estate plans. This forward-looking philanthropy will have a remarkable impact on the future of the ANA. We are very grateful for the commitments made by our Legacy Society members.

- To begin the conversation, contact Matthew Balte at [matthewbalte@anausa.org](mailto:matthewbalte@anausa.org).
- You will also want to seek the advice of an attorney who specializes in estate planning.

*In no case does ANA endorse any commercial product, physician, surgeon, medical procedure, medical institution, or its staff.*