



News and Announcements – April 2026

[ANAwareness Week 2026](#)

May 10 - 16

Presenting sponsor, Lilly

[Order your 2026 t-shirts](#) now and send your pictures to submissions@anausa.org to be included in our 2026 AN Warrior Gallery!

[Join the ANA Community – Become a Member Today!](#)

Thousands of acoustic neuroma patients and caregivers understand the value of membership in the ANA. In return, we value our members by providing up-to-the-minute content, in-person support and educational programs, and access to our quality volunteers.

[Update Your Information!](#)

Please take a moment to ensure we have your most up-to-date information, so you'll have access to critical resources.

Quarterly Newsletter, Notes – March 2026

- Medical Report, *The Middle Fossa Surgical Approach for Hearing Preservation in AN Surgery*, By Calhoun D. Cunningham, III, M.D., and Ali R. Zomorodi, M.D., Duke University Medical Center
- Remembering Virginia Fickel Ehr
- 2026 Upcoming Events
- 2025 Support Group Recap and Meeting Highlights
- Research Grant Funding Opportunities for 2026
- Volunteer Profile, Maggie Shepard, Peer Mentor

ANA Publications

The following publications are free to ANA members in the [Member Section](#) of the ANA website. To request a print version, [contact us](#). Not a member? [Join today](#) or [order](#) booklets for a small fee.

Eye Care After Acoustic Neuroma Surgery

Facial Nerve and Acoustic Neuroma: Possible Damage and Rehabilitation

Headache Associated with Acoustic Neuroma Treatment

Hearing Loss Rehabilitation for Acoustic Neuroma Patients

Improving Balance Associated with Acoustic Neuroma

Newly Diagnosed Handbook

Understanding Emotional, Cognitive, and Behavioral Changes

[Share your Story](#)

Everyone affected by acoustic neuroma has a unique story to tell, including patients, spouses, and caregivers. It can also include children of those diagnosed with AN, best friends, and siblings. There are many different perspectives and insights. All are connected to an acoustic neuroma experience, and all are valuable. Use our [online form](#) to submit your story. If you need ideas or help getting started, [contact us](#) to request our Storytelling Toolkit.

Employment Considerations Reference Guide

The ANA's employment reference guide was compiled from patients, volunteers, and caregivers. Each journey is unique, and employment situations can certainly be distinctive. We encourage you to use this resource as a starting point as you consider your situation, as well as questions and options. This is not meant to be comprehensive, nor should it be considered legal advice.

AN Research

Visit the ANA website for information about acoustic neuroma online and in-person research opportunities.

Resources for Young Adults with Acoustic Neuroma

- **Young Adult Facebook Group** - This is a closed group moderated by ANA Staff and Volunteers.
<https://www.facebook.com/groups/ANAYoungAdults>
- **Young Adult Online Support Group** - The group meets quarterly via Zoom and is moderated by ANA volunteers.
Contact: Emily Truell, Support Group Leader, anayoungadults@gmail.com

Peer Mentor Program

Peer Mentors are volunteers who are acoustic neuroma patients and caregivers who are willing to talk about their acoustic neuroma experience. They provide information, encouragement, and support to other acoustic neuroma patients via phone, email, and video chat. Information about peer mentors is provided in our free patient kit or [contact us](#) to request a peer match today.

Support Groups

The ANA offers a variety of support groups so that you can find what is best for you and your situation, including:

- Geographic support groups across the U.S.
- Specialty support groups
- Co-sponsored support groups with a medical partner

All Support Group meetings are free and open to anyone affected by acoustic neuroma; we look forward to welcoming you at a meeting soon. When you are ready, we are here. View upcoming meetings [here](#).

ANA Website

- **ANA Store** – Shop for ANA-branded merchandise and help support ANA programs.
- **Community** – Features include patient stories, fundraising ideas, and volunteer opportunities.
- **Events** – View upcoming events and register for a meeting today.
- **Get Involved** – Explore volunteer opportunities, increase awareness, and raise funds for the ANA.
- **Healthcare Provider Listing** – A starting place to locate healthcare providers.
- **Member Portal** – Find information booklets, newsletters, educational webinars, and a searchable peer mentor database.
- **News and Announcements** - stay up-to-date on news, events, and other items of interest.
- Social Media - stay connected on [Facebook](#), [YouTube](#), [Instagram](#) and [LinkedIn](#).
- **Video Library** – Browse webinars, Facebook Live events, and support group meetings.

Team ANA - Fundraise for the ANA!

- Increase awareness of acoustic neuroma while raising funds for the ANA.
- Create your own fundraisers through Facebook, Walk4Hearing, or any individual fundraiser held locally.
- Contact Matthew Balte at matthewbalte@anaua.org if you are interested in raising funds for the ANA!

ANA Legacy Society

Philanthropic support is critically important to fulfilling the mission of the ANA. Our Legacy Society represents unique, exceptionally generous contributors who have included the ANA in their estate plans. This forward-looking philanthropy will have a remarkable impact on the future of the ANA. We are very grateful for the commitments made by our Legacy Society members.

- To begin the conversation, contact Matthew Balte at matthewbalte@anaua.org.
- You will also want to seek the advice of an attorney who specializes in estate planning.

In no case does ANA endorse any commercial product, physician, surgeon, medical procedure, medical institution, or its staff.

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